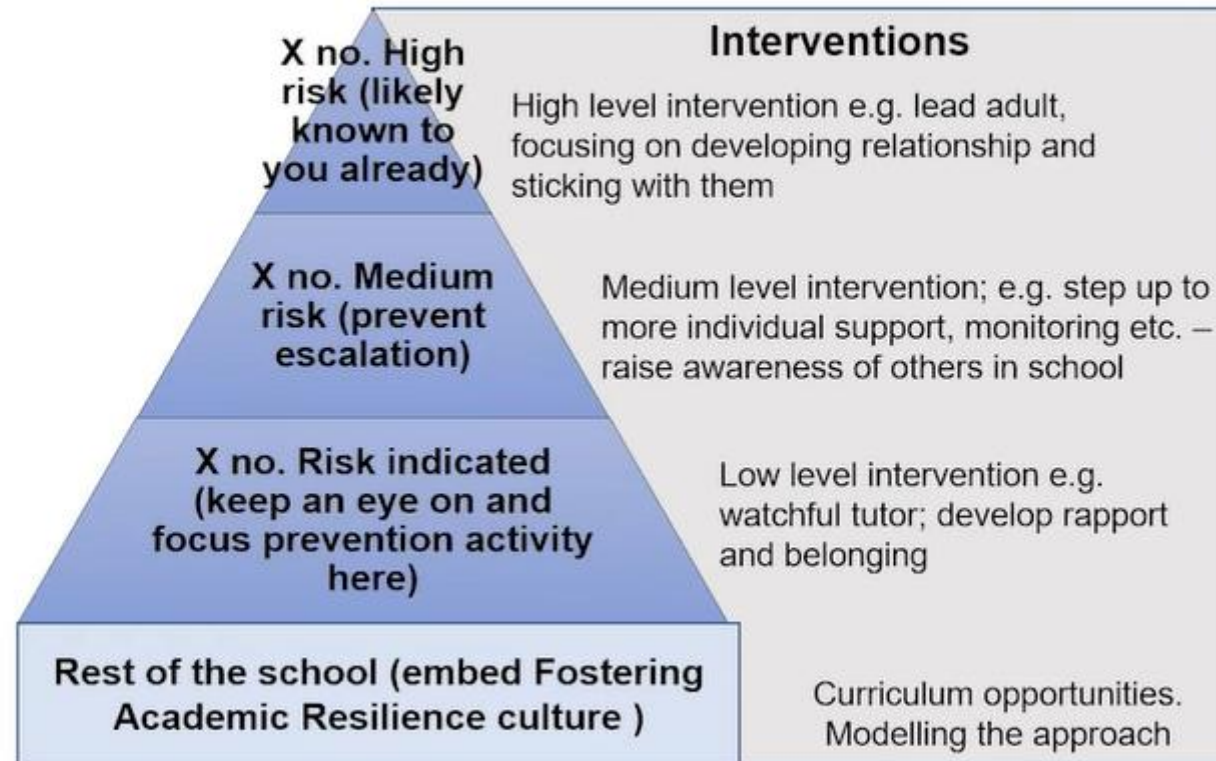




Crooksbar's Mental Health Offer

REVIEW DETAILS	To be reviewed by the Mental Health Lead, Head Teacher, and Governing Body annually. Updates and changes are made in line with pupil/staff need and services available.
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Developed in partnership with

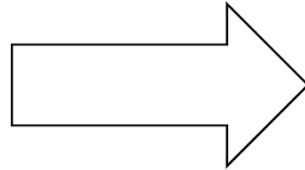
YOUNGMINDS
The voice for young people's mental health and wellbeing

**LISA
WILLIAMS
CONSULTING**



University of Brighton
Continuity
University
Partnership
Programme

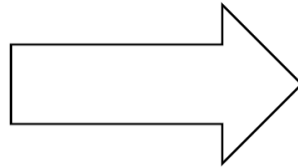
Whole School
Programme
EYFS-KS2
Parents/ Carers
Staff
(Level 1)



Prevention

Alliance Partnership (Assemblies, Staff CPD, Attending school events)
Parent Workshops communicated to parents (in school and external)
Follow MHST Prevention, Identification, Early Support, Specialist Support
SEMH concern referral forms to SMHL
Zones of Regulation
PSCHE Curriculum tailored to school and cohorts needs
Weekly Wellbeing Time (WELBY)
Awareness events (Hello Yellow, Childrens Mental Health Week, Anti-Bullying Week)
Pupil voice teams – School Council
Staffroom decorated as a calm environment with a wellbeing display (including stress prevention strategies)
PPA from home
Pupil, Staff and Parent voice – Surveys
Mental health support flyers in the foyer
Mental health area in library
Mental health Toolkit
Staff trained in mental health identification and support including ACES and Trauma.
Mental health signposting display UKS2
Welcoming, calming environment
Staff Mental Wellbeing promise
Frequent mental health related inserts on weekly newsletter
CPOM – SEMH tag that alters SMHL, MHTA and SENCO
Sensory Room in school for regulation

Tier 1 Provision
Level 2



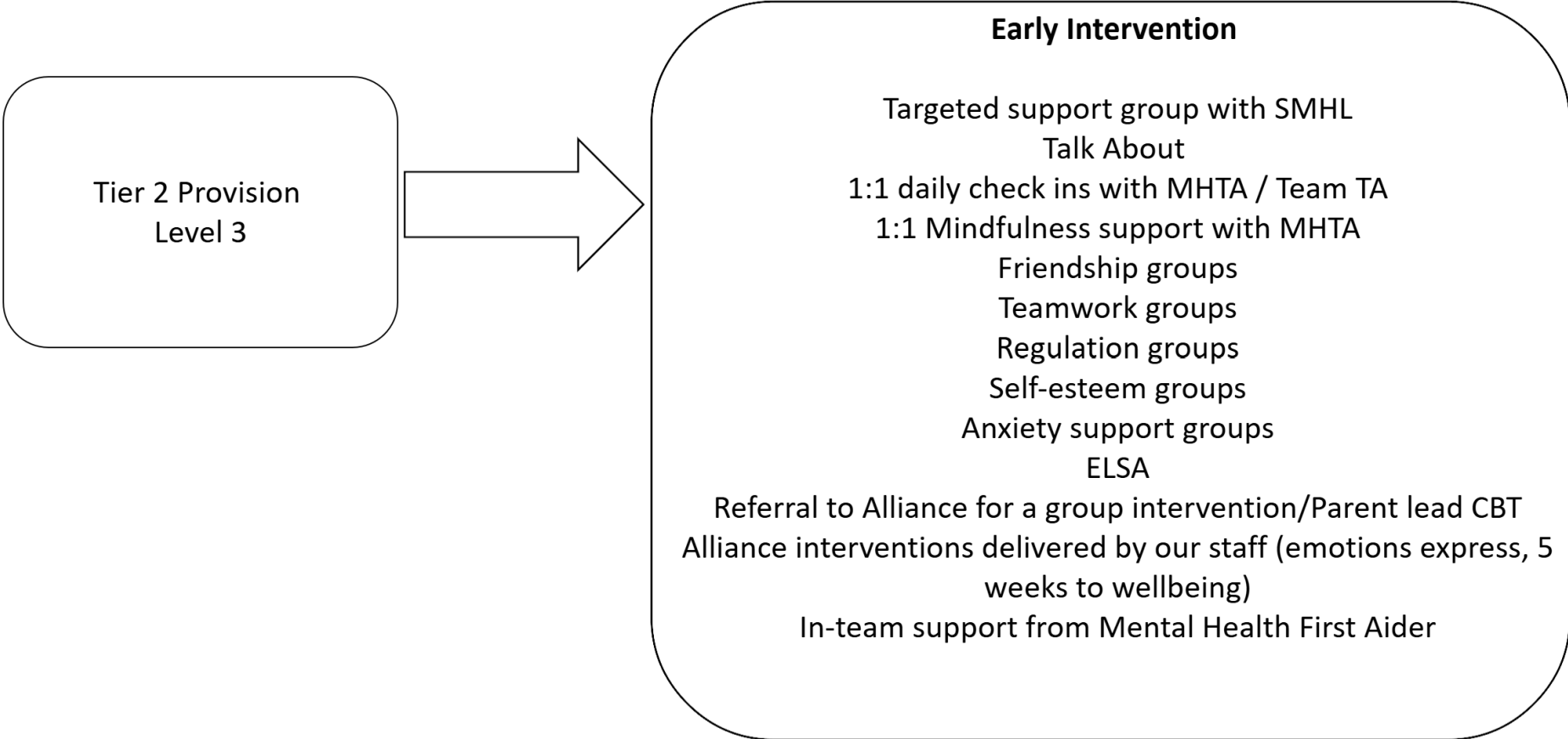
Identification can lead to...

Signposting for pupil or parent to MH Toolkit
Increased monitoring
Referral to SMHL or escalation to Tier 2 based on assessment

Additional Tier 1 Support

Mindfulness sessions for Y2 and Y6 during SATS
Alliance stress awareness workshop for Y6 during SATs
Enhanced transitions for SEMH/SEND pupils

Tier 2 Provision
Level 3



Early Intervention

Targeted support group with SMHL

Talk About

1:1 daily check ins with MHTA / Team TA

1:1 Mindfulness support with MHTA

Friendship groups

Teamwork groups

Regulation groups

Self-esteem groups

Anxiety support groups

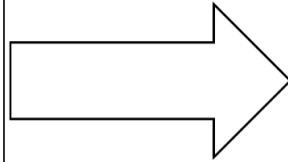
ELSA

Referral to Alliance for a group intervention/Parent lead CBT

Alliance interventions delivered by our staff (emotions express, 5 weeks to wellbeing)

In-team support from Mental Health First Aider

Tier 3 Provision
Level 4



Specialist Support

Educational Psychologist Referral
Alliance Referral (1:1 counselling or CBT work)
Children's Social Services referral
CAHMS Referral – Support for High Intensity CBT
Early Help Referral
School Support Officer (Service support advice)
0-19 Team Referral (0-19 - School Nurse)
Access to Bungalow Counselling (Staff)